



The Security of Hope in Peril

8.14.22

Psalm 46

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Notes:

1. The threat of great peril
2. God provides the final victory
3. The application: Seek God as your security



Here is your “One Thing” for this week: Each day perform 5 reps with your faith muscles, using your favorite Bible translation to personalize Psalm 46.1: “*God is my refuge and strength, God is my refuge and strength. God is my refuge and strength. God is my refuge and strength.*”

Weekday Application Questions

I. EQUIP — Looking back over Psalm 46, what was new, caught your attention, encouraged you, challenged you, or confused you? With an honest self-assessment, where do you find your security? Family? Relationships? Work? Finances? Other? Read through Psalm 46 and notice all the reasons why you should seek God as your security when facing trouble and even great peril. Reflect on ways in which you have personally experienced the Lord like that.

II. ENGAGE — God said in verse 10, “Cease striving and know that I am God.” What does “striving” look like in your life? What practical steps can you take to “cease striving”? A Christian friend is facing trouble or its aftermath and is experiencing fear. How would you encourage him or her? An unbeliever, who is a friend or coworker, approaches you and is in the same situation. How would you engage with him or her?

III. EXALT — What does it mean to exalt God? God *will* be exalted among the nations. Do you exalt God? Every day? How do you exalt Him? In what ways can you exalt Him even more? Psalm 46 gives support to the words of Jeremiah 10.6, that there is no one like the Lord. When you go to a worship service, do you expect to encounter Someone like that? What difference does your answer make to you during the worship service? What difference should it make?