



**Celebrate the Lord...Come On!**

**Philippians 4.4–9**

**Exalt**

**Lead Pastor Jace Cloud**

Notes:

1. The Problem

2. The Solution

3. The Application



**Here is your "One Thing" for this week:** "Celebrate the Lord, Come On!" — Specifically, how can you "Celebrate God all day, every day" (Philippians 4.4, The Message Paraphrase)?

### **Study Questions for the Week:**

- I. **EQUIP** — In Philippians, why does Paul place such an emphasis on the mind (1.27, 2.2, 2.5, 3.15, 3.19, 4.8)? What sorts of things occupy your mind today? How do you think that the media (social media, news media, etc.) negatively informs and impacts your thought life?
  
  
  
  
  
  
  
  
  
  
- II. **ENGAGE** — How does what you put into your mind affect your relationships? What does anxiety do to you? How does it affect your joy in the Lord? How does it affect people around you? On the other hand, how does joy affect you and others around you?
  
  
  
  
  
  
  
  
  
  
- III. **EXALT** — What does it look like to rejoice in the Lord? Why do you think Paul specifies "always"? Describe how it is possible to "Celebrate the Lord" even in hard times. How does the statement, "The Lord is near" promote joy and a gracious, gentle spirit? What would it look like for you to use prayer and your mind to fight for the joy Paul is describing?