

Don't Stink!
Ephesians 4.17–32
E Pluribus Unum

"One Thing" for this week: Do a "sniff test" of your life. What is one step of obedience from this passage that you can take? Why do you think that the Holy Spirit is nudging you in this area?

1. The old self (4.17–19)

2. The new self (4.20-24)

3. The sniff test (4.25–32)

Weekday Application Questions:

- a. Looking back at this passage, was there anything you heard for the first time or something that caught your attention, challenged you, or encouraged you?
- b. Why is your mind important (verse 23), and how are beliefs and actions connected? Give an example.
- c. What does it mean to "give the devil an opportunity" (verse 27)? Give an example.
- d. What of the "old self" do you need to remove? What of the "new self" do you need to adopt?