



Ephesians

E PLURIBUS UNUM

Recipe for Biblical Growth

Ephesians 4.1–16

E Pluribus Unum

“One Thing” for this week: Enjoy the growth!

1. The ingredients (4.1–3)

2. The body (4.4–11)

3. The growth (4.12–16)

Weekday Application Questions:

- a) Looking back at this passage, was there anything you heard for the first time or something that caught your attention, challenged you, or encouraged you?
- b) Why is it important to have unity and love in a local church? How is unity different from uniformity?
- c) Define each of the ingredients to growth (humility, gentleness, patience, tolerance, diligence).
- d) In verses 4–6 Paul repeats the word “one” seven times, and three of those allude to the persons of the Trinity. How does unity of our God relate to Christian unity?
- e) Which of the marks of spiritual growth (vv. 12–16) impacted you the most?